

# Epistemological and practical challenges in using causal inference analyses in social epidemiology: developing a tool to support researchers

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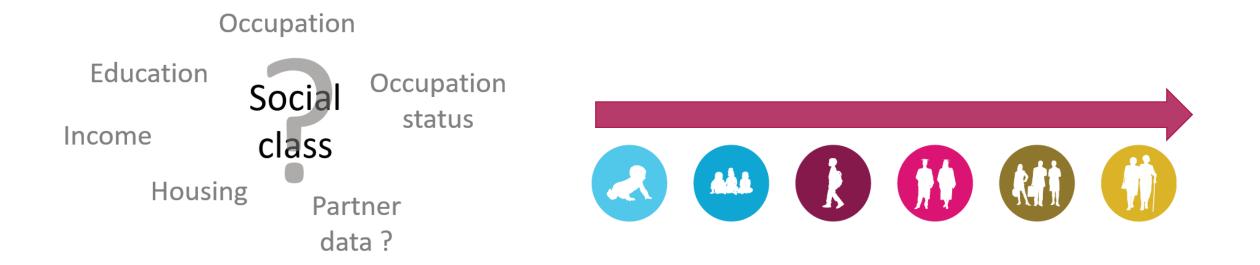






# Specificity of social epidemiology

An exposure often difficult to capture ....

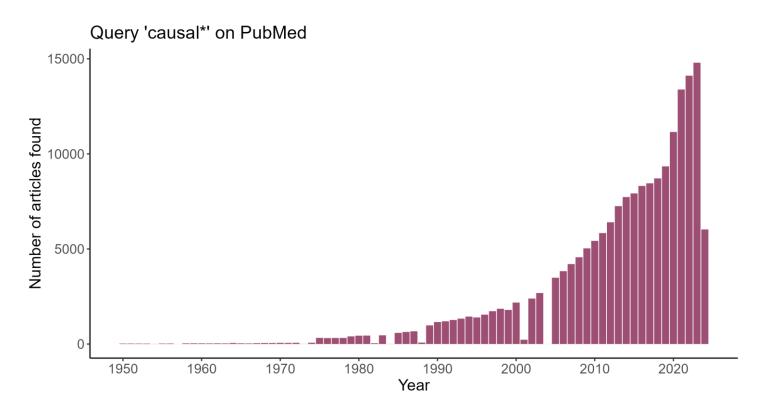




# An active research topic

A quite recent area of research

Many methods developed recently



Journal of Educational Psychology 1974, Vol. 66, No. 5, 688-701

# ESTIMATING CAUSAL EFFECTS OF TREATMENTS IN RANDOMIZED AND NONRANDOMIZED STUDIES<sup>1</sup>

#### DONALD B. RUBIN<sup>2</sup>

Educational Testing Service, Princeton, New Jersey

A discussion of matching, randomization, random sampling, and other methods of controlling extraneous variation is presented. The objective is to specify the benefits of randomization in estimating causal effects of treatments. The basic conclusion is that randomization should be employed whenever possible but that the use of carefully controlled nonrandomized data to estimate causal effects is a reasonable and necessary procedure in many cases.

Léna Bonin EPICAUSE 2024



# Methods

Total effect

Regressions

Counterfactual approaches / Backdoor criterion

Semiexperimental/ IV-based methods

Front-door criterion

Mediation

Traditional approaches (Baron and Kenny)

Structural Equation Models

Counterfactual approaches

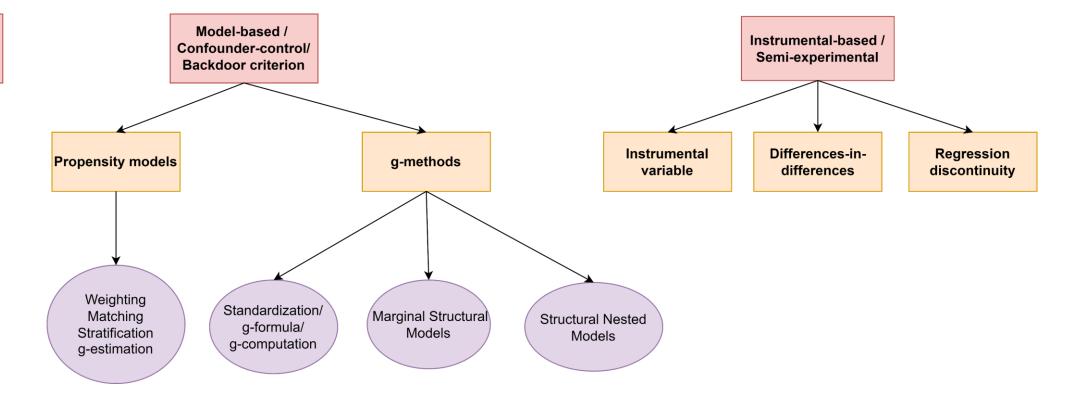
Semiexperimental/ IV-based methods

Front-door criterion



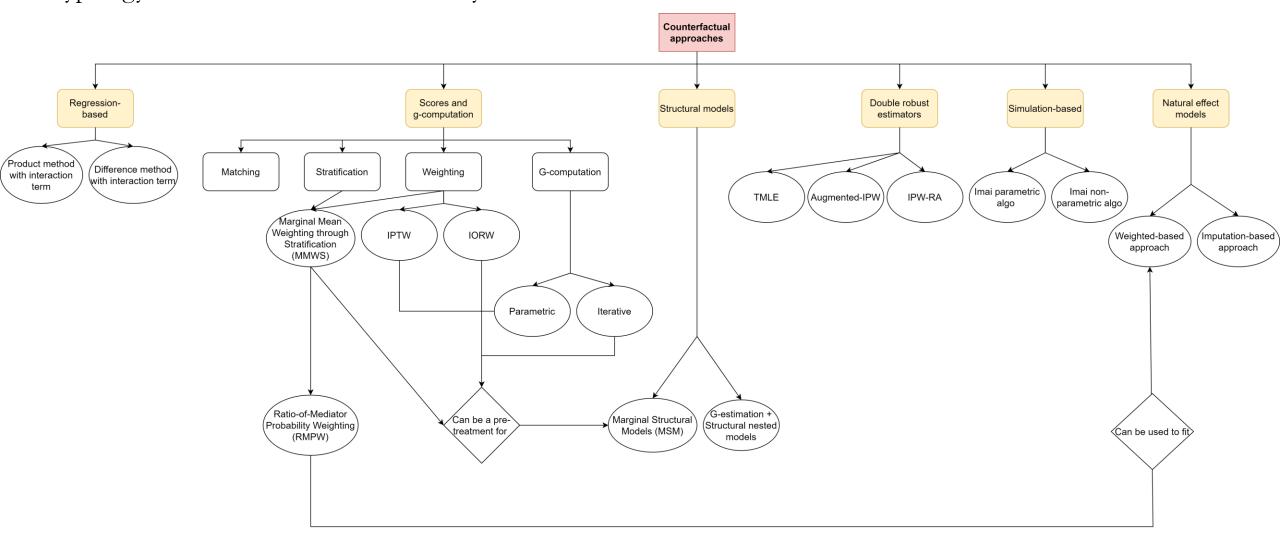
## Simplified typology of the different methods for estimating a total effect

Regression adjusted on confounders





## Typology of methods for mediation analysis





# Necessity to develop a tool to help researchers to embrace causal inference



# Goal

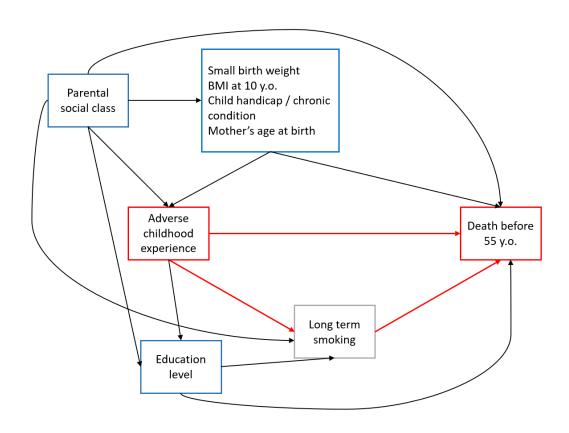
- To determine the estimand of interest
- To provide recommendations on the most appropriate method
- To try to detect obvious assumptions violation
- To provide R functions to perform the analysis

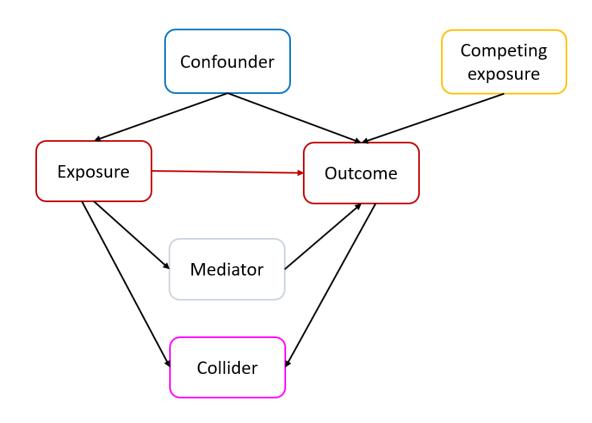
Limitation: We assume that the user has a DAG



# Directed acyclic graphs (DAGs)

## A visual representation of our hypotheses







# Formalizing objectives

## Aim:

➤ To understand the research question

## Choices:

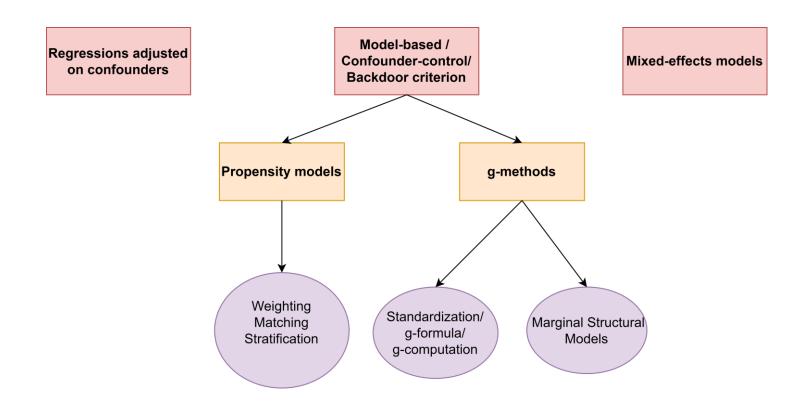
- >To propose different ways of formulating the same thing
- ➤ Not to use the word « mediation »

Average total effect	Controlled direct effect	Eliminated effect
	Pure natural direct effect	Pure natural indirect effect
	Total natural direct effect	Total natural indirect effect



# Methods

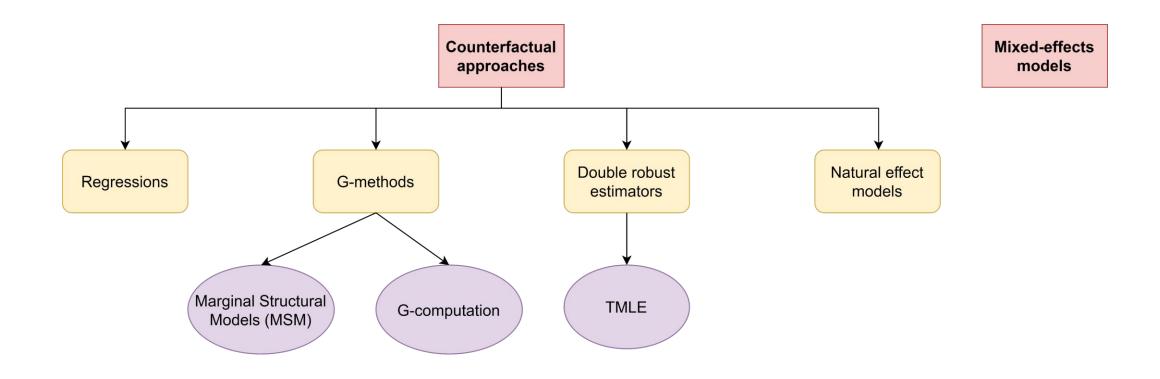
## Estimation of a total effect only





# Methods

### Estimation of mediated effects





# Recommending the most appropriate method

## Choice determined by:

- The DAG: is there intermediate confounding, repeated measurements?
- Variable types
- Assumptions

Goal: go for the simplest / most parsimonious method

Often there is no unique most appropriate method Choice depends on personnal preferences



# Development of a shiny app

Causal app

Home

Questionnaire

Ressources

#### Welcome

The aim of this application is to guide you in your choice of estimands and methods for carrying out causal or mediation analyses. It has been developed within a framework applied to social epidemiology. For now, the application is based mainly on the counterfactual approach.

Please note that we are assuming that the first stage of the analysis, which involves creating a directed acyclic graph (DAG), has already been completed. If you need help with this step, you will find some references in the Resources tab.

To get started, go to the Questionnaire tab!

The application code is available at the following link: https://github.com/LenaBonin/CausalApp











https://equity-cerpop.shinyapps.io/causalapp\_en/



# Perspectives

➤ Add other types of methods, specifically quasi-experimental ones

>Add recommendations for analyses with multiple mediators



# Strengths and limitations

#### **Strengths**

Efforts to understand the user's question

Suggestions to check user's DAG and help them to modify it

Many ressources of different types

#### Limitations

Assumption that a DAG has already been drawn

Users tend to select all objectives



# Discussion

## 1) Content

➤ Should we go deeper in the explanations?

➤ How to influence even less the choice of the objective ?

## 2) Form

➤ Allow the user to enter their DAG

➤ What about non R users?

➤ Alternative to R package ?





# Thank you!

Contact: lena.bonin@inserm.fr





## Preliminary question

Have you drawn a directed acyclic graph (DAG) or a concept map?

- Yes
- $\bigcirc$  No

Next >



## **No DAG**

This application assumes that you have already drawn your DAG.

If not, draw one before starting. If you need help, you'll find references in the 'Resources' tab.



< Back

Next >

#### Variable types

#### Is your exposure variable :

- Continuous
- Binary
- Ordinal
- Nominal
- I have several

#### What is its name?

Social class

#### Is your outcome variable :

- Continuous
- Binary
- Ordinal
- Nominal
- O Survival / Time-to-event
- I have several

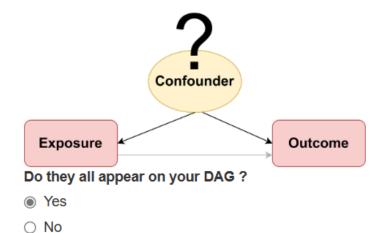
#### What is its name?

Mortality

< Back Next >

#### Confounders

Think carefully about all the potential confounders between the exposure and the outcome, i.e. all the variables that affect both exposure and outcome



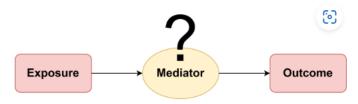
Are any of these confounders not measured in your data?

- Yes
- $\bigcirc$  No

< Back Next >

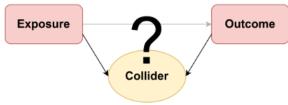
#### Mediators and colliders

Does your graph contain variables that are affected by the exposure and which in turn affect the outcome, i.e. does it contain mediators between your exposure and your outcome variables?



- Yes
- No

Does your graph contain variables that are affected by both exposure and outcome, i.e. does it contain colliders between your exposure and your outcome variables?



- Yes
- No



23

## Intermediate confounders and repeated measurements

Is your exposure measurement repeated over time ?

- Yes
- $\bigcirc$  No

Is your outcome measurement repeated over time?

- Yes
- $\bigcirc$  No

< Back Next >

## **Positivity**

Do you suspect that certain combinations of confounders correspond only to exposed/unexposed individuals (or to specific values of the exposure), i.e are there individuals who cannot be exposed/unexposed because of their characteristics?

- Yes
- $\bigcirc$  No
- I don't know

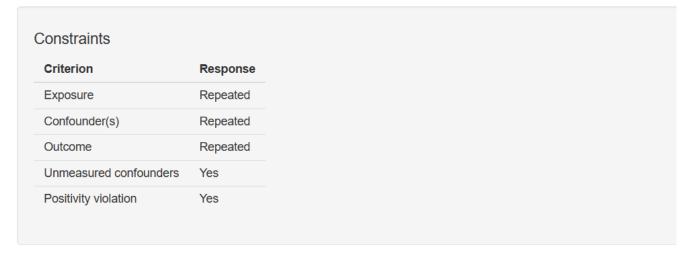
< Back

Next >

#### Objective

To study the effect of an exposure on an outcome





#### Recommendations

According to the answers you provided

#### **Estimands**

Total effect

#### Estimation method

#### G-methods or mixed model (fixed effects model)

If the outcome at time *t* is not influenced by exposure at time *t-1* and the outcome at time *t* does not influence exposure at time *t+1*, and if in addition exposure at time *t* does not influence any confounding factors at time *t+1*, you can run a fixed-effects model. Beware though, this is a strong and unlikely assumption.

For more details check Imai, K., & Kim, I. S. (2019). When should we use unit fixed effects regression models for causal inference with longitudinal data? American Journal of Political Science, 63(2), 467-490. and Imai, K., & Kim, I. S. (2021). On the use of two-way fixed effects regression models for causal inference with panel data. Political Analysis, 29(3), 405-415.

Otherwise, consider keeping only the last outcome measure and using g-methods (g-computation or marginal structural models). Given that your exposure is continuous, the easiest way is to use g-computation.

The positivity assumption necessary for causal analysis is violated, so your results will probably be biased.

If you still want to do the analysis anyway, we recommend that you use q-computation, but you will have to be very careful in interpreting the results

#### Assumptions

- 1- Positivity: each individual has a non-zero probability of being exposed / non-exposed
- 2- Ignorability / Exchangeability: the value of the potential (counterfactual) outcome under exposure a is independent of the value of the actual value of exposure
- 3- Non-interference: one individual's outcome is not affected by the value of another individual's exposure
- 4- Consistency: the potential (counterfactual) outcome of an individual under a certain exposure value corresponds to the value of the outcome it would have actually taken under this exposure
- Note 1: These hypotheses can be formulated conditionally, i.e. by adding 'conditional on confounders'.
- Note 2: These hypotheses are difficult to test in practice.

You indicated that the positivity assumption is probably not verified in your data. Your results are therefore likely to be biased and inaccurate.

If you still want to do the analysis, we recommend to use **g-computation**. However, you need to be very careful when interpreting the results. If the positivity problem is due to the fact that a combination is theoretically

< Back

Next >

28

own. If you do not enter anything, the terms 'exposure', 'intermediate variable' and 'outcome' will be used for the next questions What variable would you like to replace 'social class' with, i.e. what is your exposure variable? Social class What variable would you like to replace 'tobacco' with, i.e. what is your intermediate variable? Tobacco What variable would you like to replace 'mortality' with, i.e. what is your variable of interest/outcome? Mortality < Back Next >

In the previous example ('to study the role of tobacco as an intermediary in the relationship between social class and mortality'), we suggest that you replace the variables with your

### More specifically, is your objective along the lines of :

To study the effect of the exposure on the outcome after the implementation of an intervention/policy that affects the intermediate variable

- Yes
- $\bigcirc$  No

To study the effect of the exposure on the outcome if the intermediate variable was completely eliminated

- Yes
- $\bigcirc$  No

To study the proportion of the effect of the exposure on the outcome that could be eliminated by removing the intermediate variable for all individuals

- Yes
- $\bigcirc$  No

< Back

Next >

#### and/or of the type:

To study the effect of the exposure on the outcome that goes through the intermediate variable

Yes

 $\bigcirc$  No

To study the effect of the exposure on the outcome that does not go through the intermediate variable

Yes

 $\bigcirc$  No

To study the effect of the exposure on outcome if all individuals had the intermediate variable value of a given exposure category e.g. if all individuals had the same value of the intermediate variable as the exposed individuals

Yes

○ No

To study the proportion of the effect of the exposure on outcome that is due to the effect of the exposure on the intermediate variable

Yes

○ No

< Back Next >

# variable types Is your exposure variable: Continuous Binary Ordinal Nominal

#### Is your outcome variable:

Binary

Continuous

- Ordinal
- Nominal
- O Survival / Time-to-event
- I have several

I have several

## Have you ever tested the total effect of your exposure on the outcome?

- Yes, with my data, I found one
- Yes, with my data, there isn't any (or it isn't significant), but I still would like to do a mediation analysis.
- O No, but it has been done in the literature
- $\bigcirc$  No

Is your intermediate variable between exposure and outcome ? (this variable will also be called 'mediator' in the next questions)

Continuous

- Binary
- Ordinal

### Intermediate confounding and repeated measurements

Is the measurement of your exposure repeated over time in your data?

- Yes
- $\bigcirc$  No

Is the measurement of your intermediate variable of interest repeated over time in your data?

- Yes
- $\bigcirc$  No

Is the measurement of your outcome repeated over time in your data?

- Yes
- $\bigcirc$  No

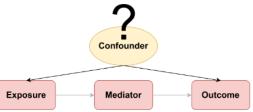
< Back

Next >

#### Confounders

Home

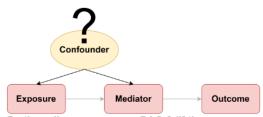
Think carefully about all the potential confounders between the exposure and the outcome, i.e. all variables that affect both exposure and the outcome



Do they all appear on your DAG? (if there are no confounders for this relationship, check yes)

- Yes
- No

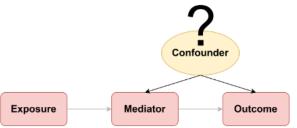
Think carefully about all the potential confounders between the exposure and the intermediate variable (mediator), i.e. all variables that affect both the exposure and the mediator



Do they all appear on your DAG? (if there are no confounders for this relationship, check yes)

- Yes
- No

Think carefully about all the potential confounders between the mediator and the outcome, i.e. all variables that affect both the intermediate variable and the outcome



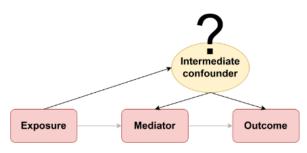
Do they all appear on your DAG ? (if there are no confounders for this relationship, check yes)

- Yes
- No

Are some confounders not measured in your data?

- Yes
- No

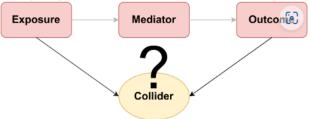
Is at least one of the confounders between the mediator and the outcome affected by the exposure, i.e. are there intermediate confounders?



- Yes
- No

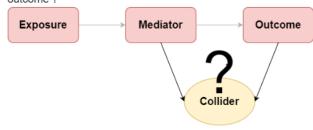
Home

Does your graph contain variables that are affected by both the exposure and the outcome, i.e. does it contain colliders between the exposure and the outcome?



- Yes
- $\bigcirc$  No

Does your graph contain variables that are affected by both the intermediate variable (mediator) and the outcome, i.e. does it contain colliders between the mediator and the outcome?



- Yes
- No



Yes

 $\bigcirc$  No

I don't know

Do you suspect that certain combinations of confounders and exposure lead systematically to the same value(s) of the intermediate variable i.e. are there individuals who cannot take certain values of the mediator because of their exposure value?

Yes

 $\bigcirc$  No

I don't know

< Back

Next >

### **Exposure-Mediator interaction**

Do you want to isolate any interaction term the exposure and the intermediate variable,

i.e. If there is an interaction between the exposure and the mediator, do you want to highlight it in a separate term?

- Yes
- No

If there is actually an interaction, in which effect would you like it to be taken into account?

- Direct effect (that does not go through the mediator (intermediate variable of interest))
- Indirect effect (that goes through the mediator)

< Back

Next >

#### Recommendations

#### According to the answers provided

ct	Abbreviation	Objective
otal effect	TE	Effect of the exposure on the outcome
Controlled direct effect	CDE	Effect of the exposure on the outcome after implementation of an intervention affecting the mediator
	CDE	Effect of the exposure on the outcome if the mediator was completely removed
Proportion eliminated	PropEliminated	Proportion of the effect of the exposure on the outcome that could be eliminated by removing the mediator for all individuals
Total natural direct effect	TNDE	Effect of the exposure on the outcome that does not go through the mediator
Pure natural indirect effect	PNIE	Effect of the exposure on the outcome that goes through the mediator
Proportion mediated	PropMediated	Proportion of the effect of the exposure on the outcome due to the effect of the exposure on the mediator

Decomposition 2-way decomposition : $TE = TNDE + PNIE$
Proportion eliminated :  Additive scale :
$rac{TE-CDE}{TE}$
Relative risk scale :
$OR^{TE}-OR^{CDE}$